

ANNUAL REPORT 2024



Celebrate the strength to embrace mental
health and a brighter future

Mission ›

To provide a transitional residential service for all individuals with mental illness who are striving for independence, not just those who can afford them.

Vision ›

To make recovery a reality for individuals with mental illness.

Values ›

The Three C's:
Compassion, Collaboration, Creativity

History ›

From humble beginnings in 1983, Gateway has grown to become the leading provider of community-based mental health and supportive housing services throughout the Commonwealth of Virginia. We specifically serve individuals with serious mental illness who fall well below the Federal Poverty Level.

Our progress is possible thanks to the incredible generosity of our supporters. Every contribution empowers us to bring recovery within reach for those we serve. We are deeply grateful to everyone who stands with us on this journey. Your support makes a real difference. Thank you for helping us make recovery a reality.



By the Numbers

ENSURING MENTAL WELLNESS

1,508

1:1 THERAPY APPOINTMENTS

7,350

THERAPEUTIC GROUPS

1,895

PSYCHIATRIC CONSULTATIONS

PROVIDING SPECIALIZED HEALTHCARE

1,638

PRIMARY CARE AND SPECIALIST APPOINTMENTS

1,329

NURSE PRACTITIONER APPOINTMENTS

906

LONG-ACTING INJECTIONS ADMINISTERED

DEVELOPING COMMUNITY READINESS

806

INDIVIDUAL OCCUPATIONAL THERAPY SESSIONS

2,644

RECREATIONAL COMMUNITY OUTINGS

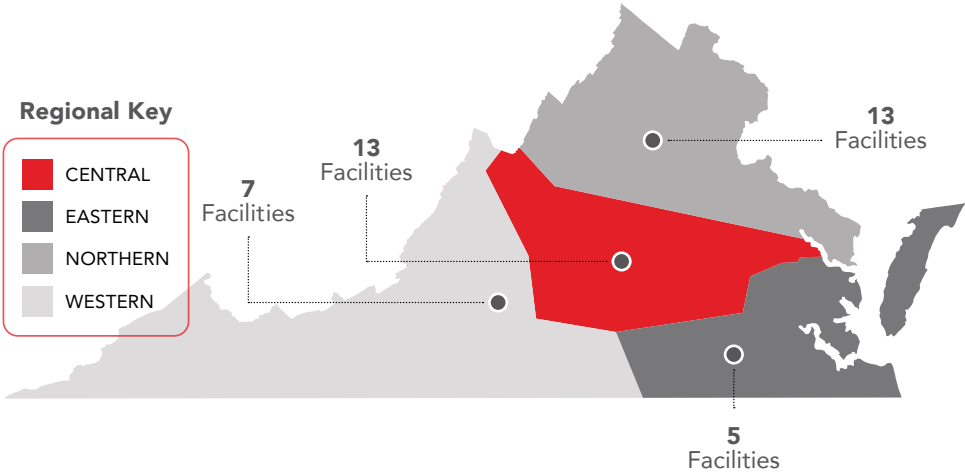
2,819

TRANSPORTS FOR GROCERIES, PHARMACY, & MEDICAL VISITS

2,749

TRANSPORTS FOR WORK, SCHOOL, & VOLUNTEERING

450 INDIVIDUALS SERVED THROUGHOUT VIRGINIA



Starting with a single facility in Richmond, Gateway has grown over the last 41 years to support 38 locations statewide. Guided by our belief that everyone deserves the chance to live as independently as possible, we’re excited to expand further in 2025 with 3 new facilities in Virginia’s Southwest Region, extending our reach and impact.



Keith's Story

Through
resilience
and strength,
we rise.

In our 2019 annual report, Gateway highlighted Keith's notable achievement of obtaining his GED after leaving high school in the 11th grade due to mental health challenges. Eventually, he found support through Gateway. Keith credited Gateway for teaching him essential life skills, that taught him how to live independently and to make healthier choices. Now living in his own place, Keith proudly stated, "I've accomplished one of my goals, to get an education."

This year, Keith took another remarkable step forward by graduating Summa Cum Laude from Brightpoint Community College with an associate's degree. Reflecting on his journey, Keith consistently expressed that his dreams included having a job, a car, and a family, but he recognized the importance of focusing on personal growth first. "I must get myself right first and I need an education so I can think about my future, but I also must focus on the present," he shared.

Keith acknowledged that he couldn't have reached these milestones without the unwavering support of Gateway, noting that everyone there was just as excited about his progress as he was. He emphasized the value of self-advocacy but also stressed the importance of supporting others along the way. Keith hopes to inspire others with his message that success comes from both advocating for yourself and helping those around you.

"Everyone at Gateway that supports you is just as excited about your success as you are."
- KEITH



Ana's Story

Ana is beginning a new chapter, living at one of Gateway's houses in Chesterfield. In just over five months since joining, Gateway has become a beacon of hope in her journey toward living independently.

Ana describes Gateway not merely as a place to stay, but as an essential part of her journey toward healing. Every time she walks through the front door, she feels a deep sense of belonging, often saying, "It feels like it should be a forever home." The house offers her warmth, comfort, and security—a refuge from the uncertainties of the outside world.

For Ana, Gateway is a place where she feels grounded, supported, and empowered to move forward. It provides the peace and safety she needs to continue her recovery and work toward regaining independence.

"Getting out of the hospital and staying out, that's my main focus. Getting back closer with my family and just living life." - ANA



Building a New Life: How Gateway Helped James Rediscover Hope and Family

James's Story

Before coming to Gateway, James sought treatment for anxiety and depression at Central State Hospital, following the tragic loss of his parents. Once a skilled carpenter who specialized in home renovations, James's life took an unexpected turn after his emotional breakdown.

When he first arrived at Gateway, James was shy and anxious, unsure of how to interact with new people. But the welcoming environment quickly eased his fears, and he soon felt supported by both staff and residents. His recovery began in the assessment center, where he spent 12 months working to stabilize his mental health. Monthly injectable medications helped him regulate his medication regimen, giving him the stability he needed to move forward. After leaving the assessment center, James moved into an apartment on Gateway's Chesterfield campus, where he continued making strides toward independent living. Being able to contribute and give back to

the community has always been important to James. Gateway's Prevocational Work Program helped James rediscover his passion for carpentry, and allowed him to volunteer at community events, including building props for holiday celebrations such as Christmas and Halloween.

Now, James is preparing for the next big step—moving into his own apartment off-campus and seeking employment. His journey from Central State Hospital to Gateway has been transformative, and James is now looking ahead to a future filled with independence, stability, and fulfillment.

"Gateway means the world to me; the staff feel like family. Their support and care have made such a difference in my life."
— JAMES

Graduates



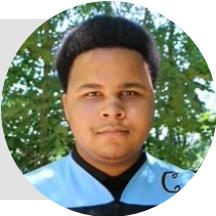
Kylie, Matoaca High, '24

Kylie plans to attend junior college to continue her education and pursue her career goals. She is currently enrolled in the Gateway Homes Community Program, which provides essential resources, guidance, and skill-building opportunities.



Skylor, Keys Academy, '24

Skylor's future goal is to attend nursing school and become a registered nurse, motivated by a strong desire to provide compassionate and skilled care that positively impacts patients' lives. She is also currently enrolled in the Community Program at Gateway designed to establish a stable foundation, in preparation for successful and fulfilling careers.



Samuel, Cosby High, '24

Samuel began his senior year at Spartan Academy, where he served as student body president, representing his peers at Richmond City Schools conventions. Achieving one of his goals, he transferred to Cosby High and graduated with a GPA above 3.0. Now he is looking ahead to junior college. Gateway has been instrumental in his success, providing him with the essential skills and supporting his journey toward independence.



Gateway proudly supports NAMI by participating in the 2024 walk, contributing to the ongoing efforts to raise awareness for mental health.

Thank You

Gateway Homes is grateful for contributions made by our donors from October 1, 2023 to September 30, 2024. Your generosity has made an impact on the lives of individuals living with mental illness who are striving for a life of independence.

\$50,000+

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In honor of Ms. Molly Bowles
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*In honor of my brother Thomas
Mansfield Moore*
Ms. Joan Valentine Moore

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Tommy, Ann Marie and Norma
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*In memory of Reverend Bob
and Peggy Seiler*
Robin and Lisa Seiler

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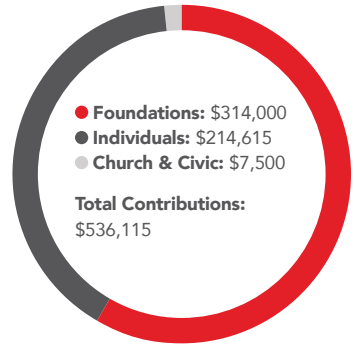
Financial Summary

REVENUES

Contributions and Grants:
\$536,115
HUD Federal Assistance:
\$96,222
Investment Income:
\$363,151
Medicaid/Medicare Billing:
\$186,144
Program Service Revenue:
\$18,169,100
Resident Fee:
\$1,112,042
Other Revenue:
156,270
Total:
\$20,619,046

EXPENSES

Administrative:
\$2,624,840
Fundraising:
\$425,397
Program Services:
\$16,957,280
Total Expenses:
\$20,007,517
Change in Net Assets:
\$611,529
Total Net Assets:
\$11,009,221



NOTE The financial results reported are unaudited as of the date of printing and are subject to change.

Flossie's Story

Gateway Honors the Life and Legacy of Co-Founder Florence Z. Segal

Gateway Homes recently celebrated the life of Florence Z. Segal, affectionately known as "Flossie," at the Chesterfield Campus. Flossie, who passed away on April 3, 2024, was the co-founder of Gateway Homes in 1983 and remained an active board member until her passing.

To honor her memory, Bob and Susan Nelson donated a tree, which was planted alongside a headstone during a small celebration of life attended by close friends and family. Pastor Karl Netting, officiated the service, offering heartfelt words for the beloved leader. As her neighbor, Vann, expressed, "It will be hard to imagine a world without Flossie."

Flossie co-founded Gateway Homes with just five clients, but under her leadership and dedication, the organization has grown to serve over 450 clients annually. Over the past 41 years, Flossie remained actively involved as a member of the Board of Directors, providing visionary leadership and unyielding support for the mission she was so passionate about.

Her compassion and love for helping others continue to resonate through Gateway's ongoing work, ensuring that her legacy will impact the lives of many for years to come.

FLORENCE Z. SEGAL



WITHOUT FLOSSIE, THERE WOULD BE NO GATEWAY.



How You Can Help ›

At Gateway, our ability to support individuals facing mental health challenges depends on the generosity of donors like you. Your contributions help provide essential services and life-changing programs.

You can also make a lasting impact through bequest giving by including Gateway in your will or estate plan, ensuring future generations benefit from our services.

As a 501(c)(3) nonprofit, donations to Gateway are tax-deductible to the full extent allowed by law. To make a contribution, please visit our website at gatewayhomes.org or email ymonstello@gatewayhomes.org or mail to:

Gateway Homes – ATTN: Development Office
4905 Dickens Road, Suite 106
Richmond, VA 23230

For reference our tax ID number: **54-1264177**

Thank you for your support in helping us empower individuals toward independence and mental wellness!



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