Serving the Commonwealth’s Mental Health Needs for 40 years
Mission
To provide a transitional residential service for all individuals with mental illness who are striving for independence, not just those who can afford them.

To make recovery a reality for individuals with mental illness.

The Three C’s: Compassion, Collaboration, Creativity

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Vision
To make recovery a reality for individuals with mental illness.

Values
The Three C’s: Compassion, Collaboration, Creativity

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History
For four decades, Gateway Homes has addressed a critical gap in the continuum of housing and mental health care available to individuals living with serious mental illness diagnoses; individuals who dually face the adversity of extreme poverty.

In 1983 Gateway was started by a group of family members and mental health professionals to provide a better quality of life for their loved ones. From these humble beginnings, Gateway has grown into a model program recognized throughout the Commonwealth of Virginia as the only nonprofit organization providing comprehensive mental health treatment, life skills training, educational assistance, supported employment and affordable housing to individuals with serious mental illness.

At Gateway, we believe that all individuals should be afforded the opportunity to live as independently as possible, not just those who can afford treatment services. That is why we remain committed to providing services that address the treatment and housing needs of those we serve.

Our work is not possible without the generosity of our supporters. We are grateful to everyone that helps further ensure we continue to make recovery a reality for our clients.

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ENSURING MENTAL WELLNESS
- 1,425 1:1 Therapy Appointments
- 6,942 Therapeutic Groups
- 1,790 Psychiatric Consultations

PROVIDING SPECIALIZED HEALTHCARE
- 1,547 Primary Care and Specialist Appointments
- 1,256 Nurse Practitioner Appointments
- 856 Long-Acting Injections Administered

DEVELOPING COMMUNITY READINESS
- 762 Individual Occupational Therapy Sessions
- 2,498 Recreational Community Outings
- 2,663 Transports for Groceries, Pharmacy, & Medical Visits
- 2,597 Transports for Work, School, & Volunteering

Additional Services:
- Outpatient Clinical Services
- Psychosocial Rehabilitation Program
- Permanent Supportive Housing
- Community-Based Services

425 INDIVIDUALS SERVED THROUGHOUT VIRGINIA
Clients, staff, and community guests lined up to showcase their various talents throughout the day with an array of exhibits, dance, music, and moments in time performances. A gourmet lunch with a soul food theme was provided by our expert Gateway Chef, Joan.

Gideon Hudson is a Trail Life Scout with the Second Branch Baptist Church who is working toward his “Freedom Award”. To achieve this highest award in Trail Life USA, Gideon chose to build a Pavilion for his Leadership Project.

Gideon diligently managed this project working on proposals, plans, obtaining funding and helped with the construction of the building. With the help of his fellow scouts, he has provided a structure that will be a wonderful place for Gateway’s residents to hang out with friends and family for many years to come.

Congratulations and thank you to Gideon, it is an achievement accomplished by the few who reach the apex of the Trail Life Program.

At first, there was the goal of hopefully getting my freedom award. I, of course, cared about what I did but I had no connection to it yet, but as I worked I grew to love he project itself – the aspects, the people it will serve, and the work. It is still a necessary part of my freedom award, but it means more: it’s a part of me, it’s something that I’ve put my heart and soul into and it’s something that will remain with me beyond finishing it.

GIDEON HUDSON
TRAIL LIFE SCOUT, PAVILION PROJECT LEADER
Family members and caregivers play a large role in helping and supporting individuals who experience mental health conditions. Support from family and friends remains an essential element for recovery.

**Family Day**

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**Ms. Florence “Flossie” Segal**

Ms. Segal is the Co-Founder and active board member of Gateway Homes. When asked what led to her involvement in founding Gateway Homes, she explained it was due to her child being diagnosed with a mental illness. “We started it from nothing, passing a hat around the room to ensure we could pay our staff.” Since then, she has been a strong advocate for individuals affected by mental illness – individuals who would be otherwise be trapped in a cycle of institutionalization, homelessness, incarceration, or even be subjected to grimmer outcomes.

Gateway started with just 5 clients in a rented house in Richmond and now 40 years later Gateway serves over 340 clients annually, we are so proud to call her the “Mother of Gateway.”

The staff, clients and board members of Gateway all say “Thank you” to Flossie for her 40 years of dedicated service.

**Founder of Gateway**

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All individuals in our Psychosocial Rehabilitation Program (PSR) are considered to be success stories. They have overcome tremendous odds by the time they enter our doors. The time they have at Gateway is an opportunity for a fresh start; to develop a stronger social network, maintain mental wellness in a supportive environment, implement effective communication, and find preferred methods to cope with stress in healthy ways. Much of what we do as a PSR program is to develop meaningful roles that bring value to our lives and to problem solve the logistics of community reintegration. The recovery process is collaborative – we need each other more than we know.

PSR

PSR staff facilitates pragmatic and prevocational skills training catered to the unique needs of each client. The team works collaboratively with each client to identify their career and educational goals, as well as general life and vocational skills.

Prevocational

PSR graduated from Gateway's residential program and remains active in the Psychosocial Rehabilitative and Outpatient Clinical Service programs. He is firmly grounded in the belief that to maintain his own recovery, he must support others along their individual journeys to independence. He is the first to volunteer for any opportunity.

He currently works at the Chesterfield Food Bank, where he helps to sort groceries, and prepare food donations. He also volunteers at Mercy Mall, sorting clothing and other donations and completing other tasks as requested. Over the past several years, he has maintained openness with peers, staff, and even interns/graduate students. Michael co-facilitates a substance use recovery support group along with his peers for attendees of Gateway's PSR program. He remains grateful to Gateway's programs and continues to see our organization as a major support in his life.

Ruby

Ruby is learning effective work skills through Gateway’s prevocational program. She works at Joan’s Market, an on-campus thrift store where clients can shop for clothing, shoes, and household items at no cost to them.

I like working in Joan’s Market because sorting and folding clothes is fun for me. I like helping people find outfits.

Michael

Gateway has helped me to gain the confidence and self-control I need to live independently.

MICHAEL

Ruby

I like working in Joan’s Market because sorting and folding clothes is fun for me. I like helping people find outfits.

RUBY
Adolescent Program

Gateway’s residential treatment program serving our youngest clients opened its doors in 2021. Since then, we have served over 35 adolescents ages 14-17, providing them with a structured, nurturing environment to call home.

The program is comprised of two homes, one for girls and one for boys.

Ange

Ange came to Gateway as an adolescent, since his recent 18th birthday he moved over to the adult program on the Chesterfield Campus. Ange is one of two clients that have made the transition to the adult program. He is working very hard, learning new skills, while building relationships with staff and clients through the prevocational program.

Opening New Doors

In keeping with our strategic vision, Gateway will be introducing the Equine Experience, a new program that will be located on our Chesterfield campus. The equine program will provide a therapeutic environment that feels inviting and will allow individuals to generate unique experiences that will contribute to their overall well-being.
In Memoriam
We are deeply grateful to our dear friend Mrs. Dorothy “Dot” Duvall McCaughan Moore who passed away in January of 2023. Dot’s husband Dr. William Moore was a founding member of Gateway Homes; her daughter Kathleen Markowitz serves as an active member of the Board of Directors. Dot was described as a continuous ray of sunshine and love, and she will be missed dearly by her friends and family. We are grateful to Dot for her lifetime support of Gateway’s mission and vision, she directly helped to change the lives of many individuals who are on the path to mental wellness and independent living.
Thank You

Gateway Homes is grateful for contributions made by our donors from October 1, 2022 to September 30, 2023. Your generosity has made an impact on the lives of individuals living with mental illness who are striving for a life of independence.

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<th>Amount Range</th>
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<tr>
<td>$25,000 - $49,999</td>
<td>The John Randolph Foundation, Constance C. and Linwood A. Lacy, Jr. Foundation Memorial Foundation for Children</td>
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<td>Bama Works Fund of Dave Matthew Band at the Charlottesville Area Community Foundation, Emily S. and Coleman A. Hunter Charitable Trust, Dr. and Mrs. Richard L. Schroff, Mr. and Mrs. Wallace Stettiniuss</td>
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<td>Anonymous Community Foundation of the Central Blue Ridge, Mr. and Mrs. John and Celeste LeBlanc, In honor of our son, Jean-Paul, Kenneth Kendler and Susan Miller Fund, St. Mary's Episcopal Church, Larry and Pat Spurzem</td>
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<td>$100 - $499</td>
<td>Mr. and Mrs. Charles M. Caravati, Jr. Foundation, In memory of Dr. William Moore and Thomas Moore and Dorothy Duvall McCaughan “Dot” Moore, Mr. and Mrs. Brian M. Cann, Elizabeth and Maureen Taylor, In memory of Dorothy Duvall McCaughan “Dot” Moore, Mr. and Mrs. Charles F. Witthoeft</td>
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Thanks for the support and patience to grow. Remember it’s not just recovery, it’s recovery for life.

MICHAEL P.
CLIENT