A Path to Independence

2020 ANNUAL REPORT
Our Mission
To provide a transitional residential program for individuals with mental illness who are striving for independence.

Our Vision
To make recovery a reality for individuals with mental illness.

Our Values
The Three C's: Compassion, Collaboration, Creativity

Cover Photo: At the beginning of each day, this quiet path leads clients to their scheduled daily activities and programs.
Since the outbreak of COVID-19, Governor Ralph Northam classified Gateway Homes as an essential healthcare services provider. During these challenging times we have taken the necessary precautions to ensure we have maintained the highest quality of care in addressing our clients’ needs.

Isolation associated with the pandemic has had an impact on the mental health broadly; those we serve are not exempt. Stresses associated with the public health crises have resulted in increased reliance on our professional staff to help clients remain psychiatrically stable.

We are proud of our dedicated team of employees who see the importance of continuing to support our clients – providing uninterrupted care even with the threat posed to their health through this trying time.
Since our establishment in 1983, Gateway Homes has developed a collaborative relationship with Virginia’s Department of Behavioral Health & Developmental Services (DBHDS) in addressing the Commonwealth’s mental healthcare needs. Psychiatric hospitalization is a necessary point of intervention for individuals experiencing mental health crises. However, many individuals remain hospitalized that no longer need such an intense level of care. This is largely due to a lack of community resources available to ensure they can make a successful transition back to the community. That is where Gateway Homes steps in. We provide supervised living programs for individuals who have become well enough for discharge, but lack adequate community resources.

Historically, we have limited our services to adults with mental illness. As a testament to our success in addressing the needs of individuals and the Commonwealth, DBHDS approached Gateway Homes about creating a similar program for adolescents experiencing similar circumstances. After learning of this need which is in alignment with our mission, vision, and values, we have taken our first steps toward establishing a residential treatment program for adolescents under the leadership of Michael Schaefer, Ph.D.

The services provided will be delivered by licensed healthcare professionals with specialized training in the field of adolescent mental health. The majority of the adolescent clients have backgrounds characterized by instability, and lack reliable support systems. Gateway Homes will provide a structured, yet nurturing, environment making a pathway to success possible for these teens; addressing their needs through psychiatric care, individualized and group-based therapies, and psychoeducation. We are partnering with the local school district to ensure these clients will receive a quality education. Adolescent residents are expected to remain in the program for six to nine months, at which point they will take their next step toward independence.
A warm welcome to the newest member of the Gateway Homes administrative team, **Michael Schaefer, Ph.D. (Deputy Director)** who joined Gateway Homes on May 11, 2020. Dr. Schaefer is a licensed Clinical Psychologist and a Board-Certified Forensic Psychologist through the American Board of Professional Psychology. He has over 26 years of experience in the field of mental health, and most recently held the position of Assistant Commissioner for Forensic Services at Virginia’s Department of Behavioral Health & Developmental Services (DBHDS).

In his role, Dr. Schaefer will aid the Executive Director by assuming leadership for specific administrative and clinical functions within the agency. He will play a vital role in the refinement of existing programs and the creation of new programs, ensuring Gateway Homes continues to provide the highest quality of care available within the community for individuals who have struggled with chronic mental illness. Currently Dr. Schaefer is working on developing Gateway Homes Adolescent Residential Treatment program.
“Because clients have a consistent and dependable support network at Gateway, they are more comfortable in seeking help preemptively.”

Sridhar Yaratha, M.D.
Our outpatient clinical services, under the leadership of Medical Director Sridhar Yaratha, M.D. and Renee Essary, Nurse Practitioner, are a large part of why so many of our clients have found success in establishing a life of independence within their respective communities.

Building trusting relationships with our clients often takes a great deal of time. This is because many of them have been alienated from peers, lacked consistent and reliable supports, and experienced varying degrees of trauma. Because clients have a consistent and dependable support network at Gateway Homes, they are more comfortable in seeking help preemptively. This allows adequate opportunity for addressing their needs within the community.

The services offered through the outpatient clinic are aligned with the highest standards and recommendations within the field of community-based mental healthcare. Our multi-disciplinary team approach promotes and maintains our clients’ mental and physical wellness, in turn leading to enhanced psychosocial functioning and successful community re-integration.

The outpatient clinical team works collaboratively with each client to identify their needs and provide appropriate support with careful consideration given to each individual’s unique circumstances. This increases clients’ self-confidence and, consequentially, the chances they will achieve and maintain success; ultimately becoming independent of our services and establishing their own supportive connections and resources within the community.
Randy loves going on walks around the neighborhood with his new housemates. He began his journey with Gateway Homes in December of 2019. Like many clients, Randy was suspicious and weary of developing relationships with staff or fellow residents – no treatment or program had worked for him before, why would this be different? But, to his surprise – things were different. His treatment team developed a plan that worked for him, teaching behavioral techniques that empowered him in responding to his symptoms and ultimately helped him to regain a sense of normalcy.

Now, Randy enjoys conversations with staff, painting, and journaling. He greets his peers with a smile and is regarded by those that know him as a genuine, kind, and polite young man. The Randy who came to Gateway Homes was a very different person than the one you see smiling in the picture here. When asked what he thought about his time with us, he cracked a smile and said, “I’ve really enjoyed my time at Gateway. I really like it here.”
Having an on-site job at Gateway Homes is a measure of success for Tara, a resident of the Chesterfield campus. Tara’s progress can be attributed to her strong determination, perseverance, and positive attitude toward recovery. She has worked hard to develop her independent living skills. Tara is a chef supreme in the kitchen, keeps a clean and tidy apartment, and has developed lasting relationships with her neighbors. Tara said that the pre-vocational program offered through our Psychosocial Rehabilitation Center allowed her to both obtain an on-campus job and create a professional resume.

She plans to use the knowledge and experience gained through the prevocational training program on her resume. She is confident this will increase her competitiveness in the job market and secure her dream of having her own apartment after she leaves Gateway Homes.

Although many individuals with mental illness actively seek help from others, many do not have the resources or connections to get what is needed. That’s where we come in and now Tara is well on her way to a life of independence.
Making Recovery a Reality for the Commonwealth

Regional Key
- CENTRAL
- EASTERN
- NORTHERN
- WESTERN

Additional Services: Outpatient Clinical Services and Psychosocial Rehabilitative Program

75 Individuals Served
148 Individuals Served
65 Individuals Served
56 Individuals Served

334 INDIVIDUALS SERVED THROUGHOUT VIRGINIA

Florence Segal, Co-Founder and Dr. Lynda Hyatt, CEO with clients at Chesterfield Campus.
## Gateway Provides Services, Clients Define Success

### Ensuring Mental Wellness

<table>
<thead>
<tr>
<th>Service</th>
<th>Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>Primary Care and Specialists Appointments</td>
<td>1,310</td>
</tr>
<tr>
<td>Therapeutic Groups</td>
<td>5,751</td>
</tr>
<tr>
<td>Psychiatric Consultations</td>
<td>1,311</td>
</tr>
</tbody>
</table>

### Providing Specialized Healthcare

<table>
<thead>
<tr>
<th>Service</th>
<th>Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>Primary Care and Specialists Appointments</td>
<td>988</td>
</tr>
<tr>
<td>Therapeutic Groups</td>
<td>1,009</td>
</tr>
<tr>
<td>Psychiatric Consultations</td>
<td>738</td>
</tr>
</tbody>
</table>

### Developing Community Readiness

<table>
<thead>
<tr>
<th>Service</th>
<th>Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>Primary Care and Specialists Appointments</td>
<td>230</td>
</tr>
<tr>
<td>Therapeutic Groups</td>
<td>1,554</td>
</tr>
<tr>
<td>Psychiatric Consultations</td>
<td>2,193</td>
</tr>
<tr>
<td>Transports for Work, School and/or Volunteering</td>
<td>1,267</td>
</tr>
</tbody>
</table>
Thank You

Gateway Homes is grateful for the contributions made by our donors from October 1, 2019 to September 30, 2020. Your generosity has made an impact on the lives of individuals living with mental illness who are striving for a life of independence.

$50,000+
The Jenkins Foundation

$25,000 - $49,999
The Cameron Foundation
John Randolph Foundation
Richmond Memorial Health Foundation
Shelton Hardaway Short, Jr. Trust
Virginia Cardiovascular Specialists

$10,000 - $24,999
Bama Works Fund of Dave Matthews Band of the Charlottesville Community Foundation
The Harrison Foundation
Constance C. & Linwood A. Lacy, Jr. Foundation
John and Kathleen Markowitz
Dr. William T. and Dorothy D. Moore Family Charitable Endowment
Ortho-McNeil Janssen Pharmaceuticals, Inc.
Mr. and Mrs. Wallace Stettinius

$5,000 - $9,999
Ms. Martha Estes Grover
Emily S. and Coleman A. Hunter Charitable Trust
Patsy King Family Fund
Metropolitan Health Foundation
St. Mary’s Catholic Church
TowneBank Richmond Foundation

$2,500 - $4,999
Anonymous
Dr. C. Foster Jennings, Jr.
Ms. Florence Z. Segal
Mrs. E. Otto N. Williams, Jr.
The Dennis Foundation
Mr. and Mrs. Thomas F. Farrell
Gray Holdings, LLC
Herndon Foundation
Ms. Gill Lugbill and Mr. Alan Hutson, Jr. of The Monument Group
Mr. and Mrs. Henry C. Respess

$1,000 - $2,499
Mr. and Mrs. Eugene Bowles
Mrs. Helga Boyan
Martin N. Buxton, M.D.
Ms. Kristin Carleton
The Community Foundation of the Central Blue Ridge
Robert Courain, Jr. President of the RECO Foundation
Ruth D. Courain, Director of the RECO Foundation
Mary Spotswood and E. Hatcher Crenshaw, Jr. Fund of The Community Foundation for a greater Richmond
Mr. and Mrs. Steven M. Edmonds
Dr. and Mrs. Ronald Forbes
Florence Bryan Fowlkes Fund of the Community Foundation for a greater Richmond
Mr. and Mrs. J. Sheppard Haw III
Lynda Hyatt, PH.D.

Kenneth Kendler and Susan Miller Fund
Mr. and Mrs. James H. Lowe
RECO Industries, Inc.
Ms. Janet Lewis Sauer
Michael Schaefer, Ph.D.
St. Edward the Confessor Catholic Church
St. Mary’s Episcopal Church
Harry A. Thomas Memorial Fund
Mr. Erskine Williams
YourCause, LLC Trustee for eBay Foundation

$500 - $999
Dr. Thomas and Christine Arrasmith Fund
Tiffany R. F. Birdsong, PsyD
Bon Air Presbyterian Church
Mr. and Mrs. Robert W. Cabaniss, Jr.
Charles M. Caravati Foundation
Mr. and Mrs. Thomas A. Clark, Jr.
Davenport & Company, LLC
GE Foundation Matching Gifts Program
Graham and Kitty Goldsmith
Sara and Mike Henry, Happy Jack Productions
Mr. Ricky James
Carol and Dave Kratch
Ms. Mary Bryan Perkins
Rostro Foundation
Mr. and Mrs. Mark and Linda Saunders
Mr. Larry E. Spurzem
<table>
<thead>
<tr>
<th>Amount Range</th>
<th>Donors</th>
</tr>
</thead>
<tbody>
<tr>
<td>$100 - $499</td>
<td>Ms. Deb A. Warrick, Mr. and Mrs. Robert Anderson, Mr. and Mrs. J. T. Bayliss, Dr. Katherine C. Bobbitt, Ms. Pamela Whitley Bolling, Henry A. Bowen, M.D., Ros and Didi Bowers, Mrs. Molly Bowles, Peter H. and Jacqueline P. Bowles, Mrs. Ann S. Bright, Ms. Dorothy R. Brotherston, Mr. Arthur E. Broussard, Jr., Mr. and Mrs. James P. Carreras, Jr., Kathy and Bruce Carroll, Mr. S. William Carroll, Jr., Mr. and Mrs. Wayne A. Chasen, Dr. Zayde M. Child, Dr. and Mrs. James Lawrence Evans, Ms. Carolyn B. Faison, Dr. Rosemary Farmer, James M. and Dianne J. Forsythe, Major General and Mrs. Donald R. Gardner, Mr. and Mrs. William R. Gardner, Ms. Cornelia W. Garrett, Ms. Nancy Gibbs, Mr. Alfred G. Goodykoontz, Mr. and Mrs. Bruce C. Gottwald, Mr. Robert P. Grymes, Ms. Deborah M. Hale, Mr. G. Bernard Hamilton, Mr. and Mrs. L. Thompson Hanes, Ms. Jean C. Harrell, Mr. and Mrs. A. David Hawkins, Mr. and Mrs. William Barry Hofheimer, Mr. and Mrs. H. Winston Holt, III, Mr. George Howell, James River Wealth Advisors, Norma Jean and Crawley Joyner, III, Dr. and Mrs. Barry V. Kirkpatrick, Local Schools and Government - United Way Campaign, Ms. Jeanne R. Lott, David and Patricia Lyons, Sheila and Steve Madsen, Mann T. Lowry Foundation, Mr. and Mrs. Joseph P. Marchetti, Jr., Mr. and Mrs. K. Westerly Martin, Mrs. Norma McGrath, Walter and Sally Miller, Mr. Philip B. Morris, Network for Good, Ms. Sallie Nolte, Dr. and Mrs. Anand K. Pandurang, Mr. and Mrs. Kenneth Pankey, Ms. Mary T. Pasco, Ms. Cate Powell, Molly and Vernon Priddy, Ms. Elizabeth Rawles, Ms. Grace Ray, Mr. W. Brian Reames, David and Linda P. Rose, Alan Rudnick and Marc Villamiel, R. Carter and Ann A. Scott, Mr. Robert S Seiler, Jr, Shumate-Elliot Family Gift Fund, Ms. Grace S. Sparks, Mr. Robert Lee Stephens, Mr. Matthew Thompson, Jr, Mr. and Mrs. F. Carlyle Tiller, Jr, Peter and Brenda Coleman Toms, Mrs. Marjorie S. Turnbull, UBS Matching Gift, Mr. and Mrs. Robert S. Ukrop, Mr. and Mrs. E. Massie Valentine, Jr, Mr. Hayes H. Veeneman, Ms. Patricia C. Ware, Steven J. Welton, MD, Mr. and Mrs. John T. West IV, Mr. and Mrs. Kevin White, Robert and Melissa White, Horace and Terry Whitworth, Mr. &amp; Mrs. Fielding L. Williams Jr., Charlie and Lori Anne Williamson, Mr. and Mrs. George T. Williamson, Ms. Isabella Witt, Charles and Lane Witthoeftt, Mr. and Mrs. John J. Zeugner through the Community Foundation for a greater Richmond (Pearl Fishers Fund)</td>
</tr>
<tr>
<td>$1-99</td>
<td>Amazon Smile, Ms. Elizabeth H. Baylor, Ms. Barbara W. Blanton, Ms. Virginia Breen, Mr. Austin Brockenbrough, III, Church of the Epiphany, The Honorable Dedee S. Costello, Ms. Martha Ellis, Mr. and Mrs. Herbert Fitzgerald, III, James &amp; Lloyd L. Ford, Ed &amp; Marion Garrett, Jr, Nancy Jennings Grey, Terrell and Elliott Harrigan, Mr. Otis James, Dr. and Mrs. W. Stanley Jennings, Jr, Mrs. Suzanne G. Lutkoff, Roy and Jean Martin, John and Catherine N. Moreau, Joyce and Ron Nash, Ms. Mary Lou Oken, Polychrome Collective, Richard L. Thalhimer, Mr. and Mrs. William Tucker, Mr. Cameron D. Warner, Jr, Mr. and Mrs. Daniel L. Williams Jr, Mr. and Mrs. Gearld H. Yospin</td>
</tr>
</tbody>
</table>
IN MEMORIUM
MR. ALEXANDER HAMILTON IV
Board of Directors 2001-2019
We will remember our dear friend
Mr. Alexander Hamilton IV as a truly exemplary Board Member of Gateway Homes.
LEGACY GIVING

We would especially like to thank donors who have remembered Gateway in their wills or estate plans. While the following donors are no longer with us, the gifts we received from their estates this year will continue to impact Gateway for years to come:

Mr. and Mrs. John P. Black

Mr. Alexander Hamilton IV

If you would like information about ways to include Gateway in your will or estate plans, please contact Yvonne Monstello at ymonstello@gatewayhomes.org

Financials

REVENUES

Contributions and Grants: $619,627  
HUD Federal Assistance: $83,572  
Investment Income: $112,901  
Medicaid/Medicare Billing: $151,152  
Program Service Revenue: $9,606,096  
Residents Fee: $675,260  
Other Revenue: $1,979  
Total: $11,250,787

EXPENSES

Administrative: $1,242,673  
Fundraising: $140,303  
Program Services: $9,729,153  
Total Expenses: $11,112,129

Change in Net Assets: $138,658

FUNDRAISING

Church and Civic: $8,665  
Corporation: $8,025  
Foundation: $234,700  
Individuals: $118,248  
Planned Giving: $249,989  
Total Contributions: $619,627

Notes:

- Payroll Protection Plan Loan: $1,317,200

- The financial results reported are unaudited as of the date of printing and are subject to change.
BOARD OF DIRECTORS

Ronald Forbes, MD, Chairman
Behavioral Health and Recovery

Martin Buxton, M.D., Vice Chair
Buxton Institute
Clinical Professor of Psychiatry, VCU Medical School

Leigh Thompson Hanes, Secretary
Attorney at Law / Retired

K. Wesley Martin, Treasurer
Altria Client Services

Tiffany R. F. Birdsong, PsyD.
Richard Bland College of William and Mary

Kristin Carleton
James River Wealth Advisors

Patricia “Patsy” King
Social Impact Philanthropist

Kathleen Markowitz
Artist

Grace Ray
Retired Teacher, Prince George County

Florence Z. Segal
Professor Emerita
Co-Founder

Kevin A. White
Butler / Snow

COUNCIL OF ADVOCATES

Kia J. Bentley, Ph.D.
VCU School of Social Work

Victor Branch
Bank of America

Dwight Hopewell
Attorney

Ken Lowe
Mercer

Brenda McDowell
Consultant, Travel & Tourism

Tripp Perrin
Lindl Corporation

E. Bryson Powel
Midlothian Enterprises, Inc.

Wallace Stettnius
Retired, Cadmus Communications

H. Barrow Turner III
Caprin-Asset Management

Laurie Weeda
Church of the Epiphany