



"Gateway helps to restore Trisha's sense of happiness and gives her hope for independent living."

MONA MORRIS, MOTHER OF TRISH



gateway
Mental Wellness. Lasting Change.

2018
annual report



unlocking potential

With your support, Trisha is discovering just how much she is capable of doing on her own.

"If not for Gateway," Trisha explained, "I would still be completely dependent on my mother for everything." Trisha came to Gateway last February. At age 37, her mental illness necessitated that she and her seven-year-old daughter, Grace, live with her mom. "I was in a day program," Trisha said, "but then I would go home every night."

To succeed in her recovery, Trisha needed more intensive support. Like everyone who comes to Gateway Homes, Trisha started in Gateway's 24-hour care center until she was ready to move into the on-campus apartments to practice living independently. After seven-months, on her birthday, Trisha made that move.

Now, Trisha is enjoying apartment living, and she said that thanks to the occupational therapist, Matthew Uccellini, she is learning how to pay her bills on time, keep her home in order, and budget her money to last for two weeks at a time. "I just went to Walmart to buy groceries for the

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week," she said. "I budgeted \$50 and only went over by \$0.67. When I lived at home, I would make a list, but then I would come back with 20 items that weren't on my list." Trisha speaks to her daughter every night to check on her school day and homework. Trisha and Grace count down the days when Trisha goes to her mom's house every other weekend to spend time with Grace. "We read Chicka Chicka Boom Boom every night before she goes to sleep," Trisha said, "and we go to church on Sunday." She added, "My mom is supportive and easy to talk to, and she's told me a million times that she is proud of all my accomplishments."

Trisha is progressing well, and like most of Gateway's residents, she can expect to transition back into the community within the next year or year and a half. "When I leave Gateway," Trisha said, "my goal is to live on my own, take care of my daughter full time, and go back to college to finish my degree in early childhood education."



YOU'RE connecting people to jobs

Because of you, Virgil has a new role.

Virgil has always had a can-do attitude. As soon as he came to Gateway, he showed his willingness to take on different roles in our prevocational program, including cleaning the company vehicles, performing custodial work, and giving great haircuts. As soon as he felt ready to take his skills into the community, Virgil worked with Matt, our occupational therapist, to compose a

resume, complete online job searches, prepare for interviews and perform appropriate and timely follow-up correspondence. His strong work ethic and attention to detail will certainly be missed on campus, but we are happy for him and his new role in the community with Car Pool Car Washes!





YOU'RE making dreams come true

Everyone coming to Gateway Homes has the same goal: remaining well enough to live successfully in the community.

Last year, we told you how Matt and Kelly became surfing and bird-watching pals when they met at Hamilton House in Williamsburg. Since then, they've welcomed Mr. Brandon into the fold, and the trio's wellness is progressing at Mach speed. For the first time in years and years, Matthew and Kelly are each living in the community, and Mr. Brandon is well on his way. He said, "I am looking forward to living in my own apartment. I am counting down

the days. I am really excited to live next door to Kelly. We can look out for each other."

Kelly explains what moving into the community means. "I finally have my own place," he said. "I love it here! It's nice and quiet. This is something I've wanted my whole life. It's taken me over 40-years to get where I am now. For the first time, I actually feel free."



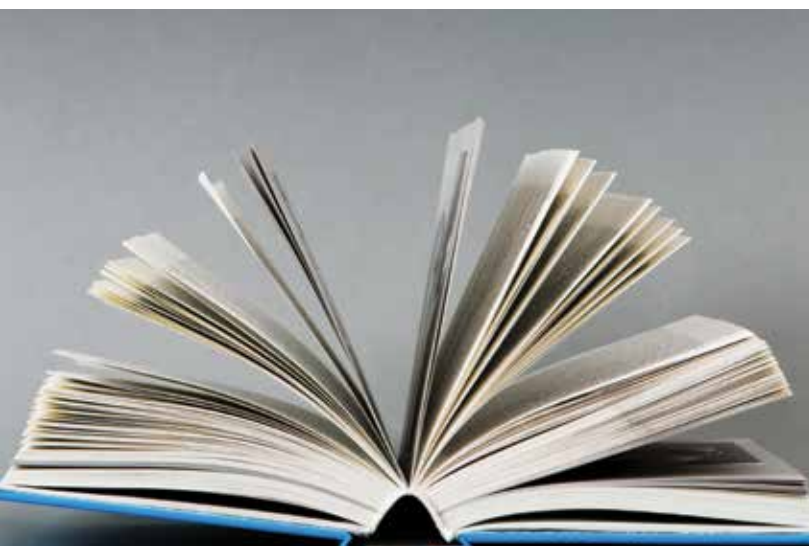


YOU'RE opening opportunities in education

Keith didn't think he'd ever earn his GED, but your support helped him do just that.

"I needed Gateway ten years ago," Keith said. At age 17, Keith's mental illness symptoms prompted him to drop out of high school. "I've always wanted my GED," he said. "I've tried before, but I didn't have the support that my friends and the staff here give me." Keith came to Gateway about two years ago. He said, "I thought it was too late for me. It [had been] four or five years since I took a class. They encouraged me not to give up. It felt good." After

years of starting and stopping, once Keith had Gateway's support, he finished his GED in four and a half months! Keith has an understated way of putting it. "[Gateway] is not like a regular group home." Keith now has his sights on obtaining his learner's permit. "[Driving] will open up lots of options," he said. "I can get a good job and go to college."





YOU'RE bringing families together

Our 2018 Family Day was another great success. We look forward to many more.

Our third Family Day Celebration was a great success, and it continues to grow in popularity each year. Not only is it a great time, but family members tell us that it is also an opportunity for families to talk to peers who understand their situation. It's a highly valuable day all around.



NAMI Walks



Every year for the NAMIWalks Virginia 5K, Gateway residents and friends don their resident-designed t-shirts and lace up their walking shoes, getting ready for the Saturday walking event. NAMIWalks Virginia supports and celebrates mental illness recovery, honors those who have lost their lives to mental illness and helps raise funds, combats stigma, and promotes awareness. The Gateway team enjoys helping a great cause as well as participating with other folks who have similar challenges.



YOU'RE making memories

A Big Thank You to Walmart, Richmond Christmas Mother, St. Mary's Catholic Church, and Second Baptist Church.

Like you, Walmart understands that peaceful, aesthetic outdoor spaces help those with serious mental illness on the road to recovery and wellness. This summer, a team of Walmart volunteers spent a few days working to put together this beautiful space. Gateway's residents enjoy conversing with each other or contemplating by themselves on comfortable seating surrounded by trees and plentiful bird feeders.

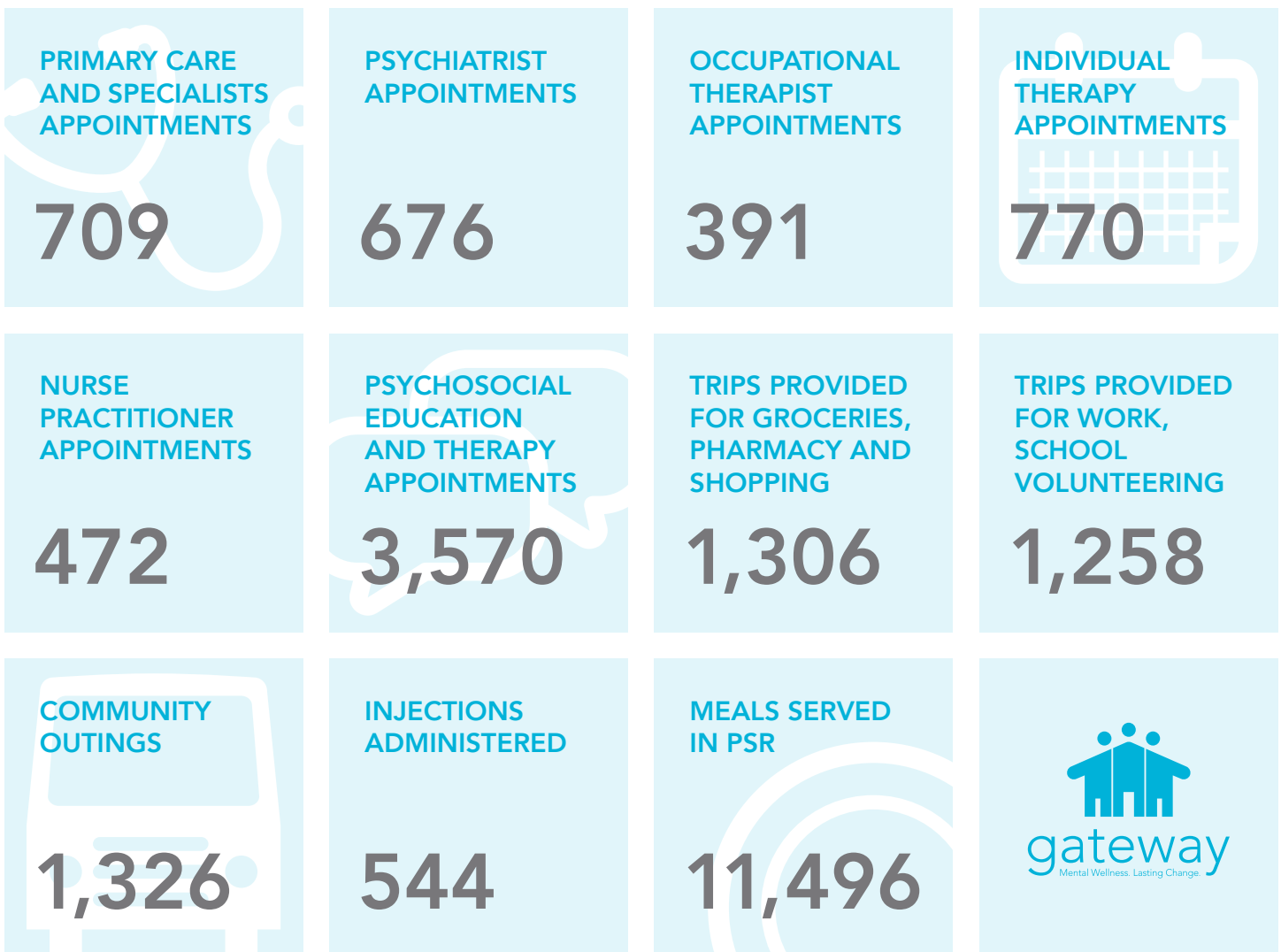
For the last two years, the Richmond Christmas Mother generously provided Gateway residents with gift cards to present to their loved ones at Gateway's annual Holiday Luncheon. This kind act brings our residents, who live on extremely tight budgets, the joy of presenting gifts to their families. We are also grateful to the parishioners at St. Mary's Catholic Church and Second Baptist Church who remember our residents with much appreciated holiday gifts.



helping more people with serious mental illness achieve stability and independence

Our Range of Services

This shows the range of services Gateway provides to support client stability in our Williamsburg, Chesterfield, and Fairfax programs for 2018. Since this time, we have doubled in the number of locations. Next year, we expect to see dramatic increases in our Outcome Metrics for 2019.



mental illness prevalence.

Financial Summary

CONTRIBUTIONS - \$423,279

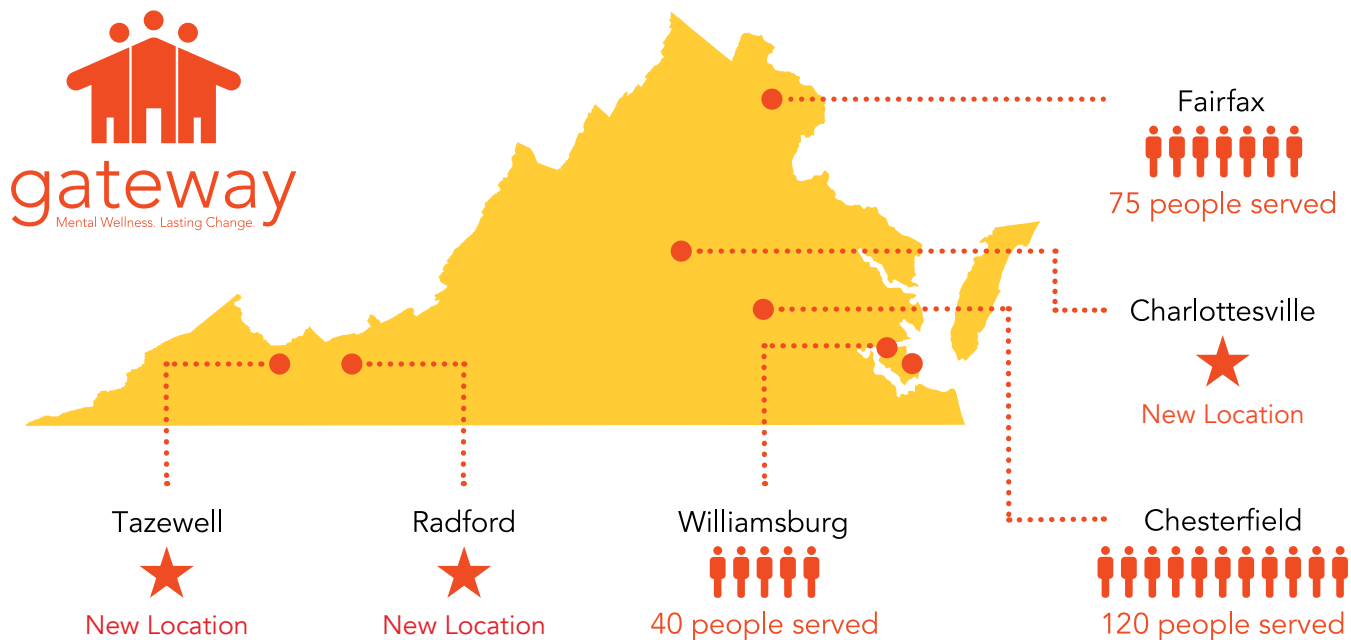
REVENUE - \$7,508,817

EXPENDITURES - \$7,584,186

The financial results reported are unaudited as of the date of printing and are subject to change.



Our Service Regions



Since 1983 Gateway Homes is the only 501(c)3 nonprofit organization in Virginia to provide a transitional residential treatment program for individuals diagnosed with a serious mental illness. In the last two years, Gateway has added six new facilities in northern and eastern Virginia and doubled our total bed capacity from 48 to 96.

Thank You

Thank you to the following contributors who have given to Gateway Homes from October 1, 2017 to September 30, 2018. We are grateful for your support that helps us provide a transitional residential treatment program for adults with mental illness who are striving for independence.

\$50,000+

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*** In memory of Mr. George Bryson, treasured Gateway board member from 1988 -2001. Gateway is grateful for Mr. Bryson's 13 years of service, time and talent as a testament to his commitment to individuals who have challenges with their mental health.**



gateway
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Gateway Homes

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To provide a transitional residential treatment program for adults with mental illness who are striving for independence.

Our Vision

To make recovery a reality for adults with mental illness.

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